The Slow Music Movement Blog

Mostly we put our daily recommendations here for the blog readers among you, although occasionally we go longform.

Reading about music is a bit like looking at pictures of food – not nearly half as much fun as getting involved, so we scribble a brief intro to hopefully whet your appetite but you're better off just hitting play. Not very "slow" I know but there's a lot of music to check these days & hopefully you'll find the recommendations a handy filter.

Trust your ears, not opinions.

29/9/2022 0 COMMENTS

JACEK DOROSZENKO FEAT. EWA DOROSZENKO – BODYFULNESS (AUDIOBULB)

WHAT YOUR EARS SAY & THE COVER LOOKS LIKE

Bodyfulness
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By Jacek Doroszenko feat. Ewa Doroszenko
1. Landscape of algorithmic desire
00:00 / 08:00

WHAT WE SAY

Exploring the increasingly blurred intersection of our real & virtual lives, Jacek & Ewa Doroszenko gently guide you into contemplating your changing reality before increasing the intensity, forcing you to question the Web 3.0's guiding hands & motivations in this appropriately ambient electronic meditation on modern living for Audiobulb, with Ewa intriguingly somehow contributing her skin & body parts to the project.

WHAT THE RELEASE NOTES SAY

We are a creative couple. In our symbiotic everyday reality, art blends with life. We operate in the era of digital dependencies. Contemporary technologies increasingly affect our lives and work, and the dynamics of their development makes them more and more integrated with reality. Our situation seems to be dominated by virtual images and content – digital immersion is an inseparable element of every day we spend together. There is no longer a dichotomy between the virtual and real worlds, we exist in a new, hybrid space in which boundaries extend beyond the tangible experience. Fascinated by these phenomena, in the "Bodyfulness" project we try to capture the coexistence of physical and virtual life, talk about the intimate experience of the body online and offline, show a subjective audiovisual study of the way modern technology and culture change our intimate relationships.

The project is also inspired by popular Internet practices: online guided meditations on the YouTube platform, ASMR session recordings with a multimillion viewership, naive self-improvement tutorials, smartphone apps for meditation and sleep. Despite technological progress, virtualization and digitalization of reality (or maybe because of it?) there is a growing interest in rituals and spiritual practices that allow to reach a state of deeper awareness or at least simulate it.

The "Bodyfulness" consists of a series of photographs and musical compositions revealing the potentials and paradoxes of digital intimacy. The work is accompanied by video referring to popular online voice-guided meditations, whose listening is supposed to calm-down, relax, or regain concentration. Both visual and sound works are based on recordings of our care and relaxation rituals, evening conversations, meetings, close-ups, including virtual ones – full of digital blurring, distortions, imperfections. Based on the performativity of these activities we experiment with the post-organic body to present audible carnality.

CREDITS

Performed by Jacek Doroszenko: various electronics, prepared piano, field recordings, sound installation recordings, various analogue synths, bells, various strings & Ewa Doroszenko: skin and body parts, synthetic pellets.

Recorded at The Quality Studio and the artist's studio in Warsaw, additional sounds recorded in a frame of the Artist-in-Residence at Salzamt, Linz, Austria.

Mastering: David Newman.
Artworks: Ewa Doroszenko.

IF YOU LIKE JACEK & EWA DOROSZENKO YOU MIGHT LIKE THE SLOW AMBIENT PLAYLIST

You can stream the Slow Ambient playlist on Spotify, Apple Music, Deezer, Youtube & Soundcloud

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OUR MISSION STATEMENT GOES SOMETHING LIKE THIS

Lazy Days, Hazy Moments & Dancing to a Slower Groove

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